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Successful Weight Management

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GLP-1 is in the spotlight, but it's not the only hormone important for weight management.

Even as the market surges with GLP-1-supporting supplements and complementary functional foods, opportunities abound for innovative, clinically validated weight management solutions. That's because there are different—but no less powerful—pathways to regulate appetite, satiety, and fat metabolism.

Gateway Health Alliances' IGOB131®, a patented extract of African mango (*Irvingia gabonensis*), delivers exactly that. Clinically proven to support healthy weight, body composition, and metabolic balance, IGOB131® works by modulating adiponectin and leptin—two key hormones that influence hunger signaling, fat storage, and insulin sensitivity. It also significantly reduces levels of C-reactive protein (CRP), a well-established inflammatory marker linked to metabolic dysfunction and obesity-related complications.

By targeting these distinct, yet complementary pathways, IGOB131® offers formulators a differentiated approach to weight management—one that enhances fat metabolism, reduces systemic inflammation, and supports metabolic

resilience. At a daily dose of just 300 mg, it provides a well-tolerated, science-backed option for achieving more sustainable outcomes in metabolic health.

Clinically Proven Results

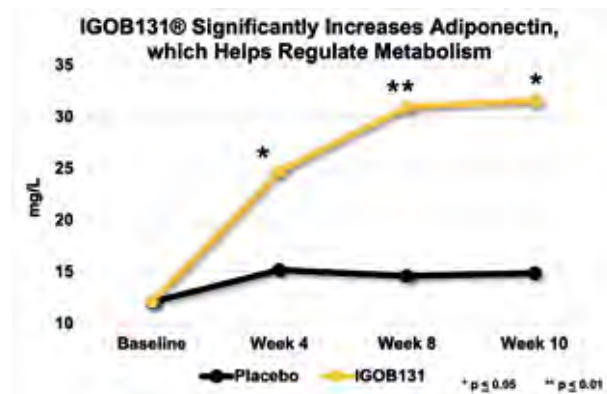
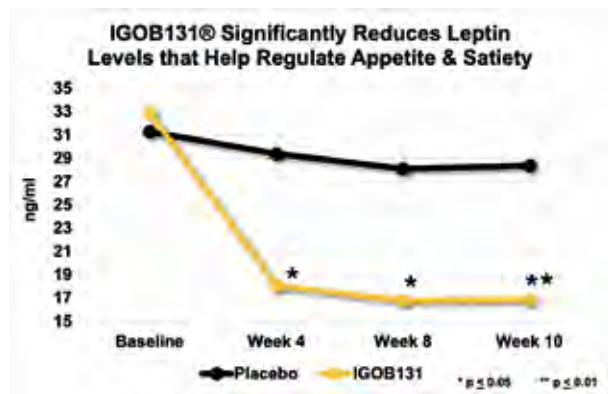
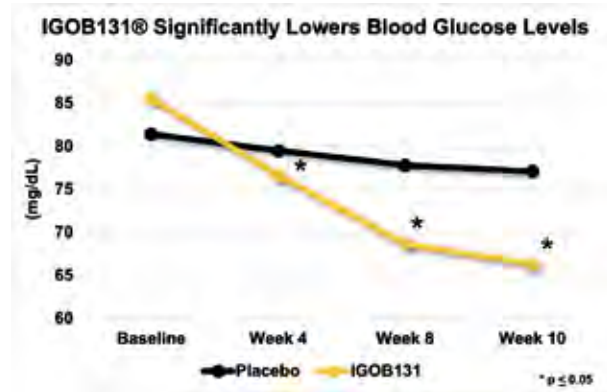
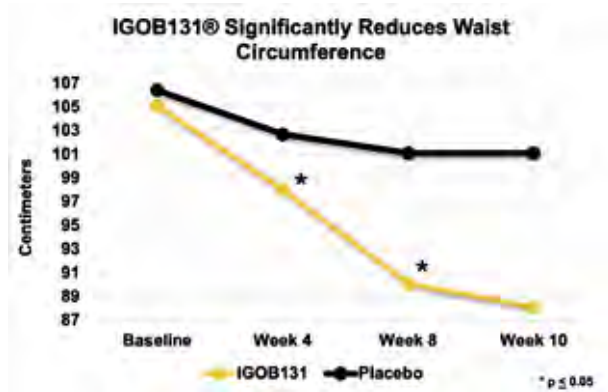
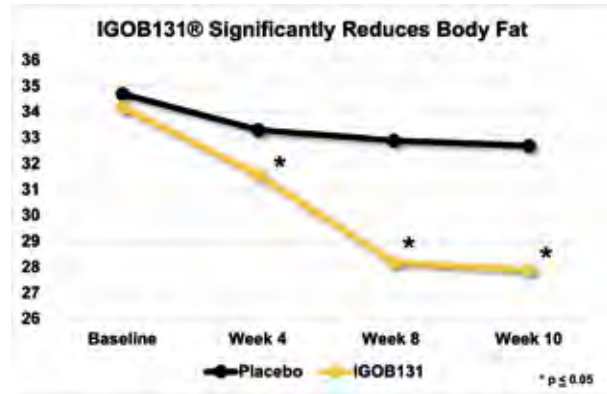
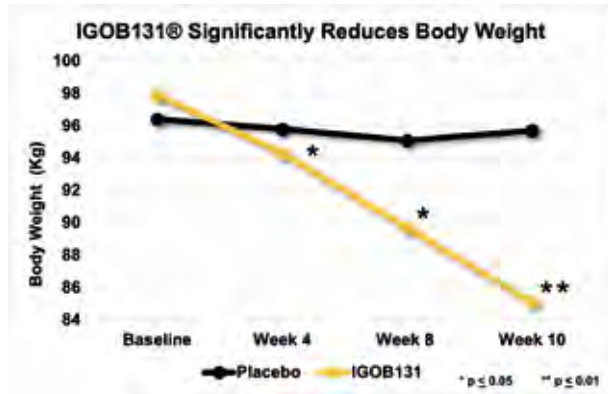
IGOB131® is supported by five double-blind, placebo-controlled clinical studies involving more than 400 subjects. Across these trials, the ingredient has demonstrated consistent benefits for weight loss, metabolic markers, and inflammation.

In a randomized double-blind study (1) with 102 overweight adults, participants who took 150 mg of IGOB131® twice daily for 10 weeks before meals showed statistically significant improvements compared to the placebo group:

- Average weight loss of 12.7 kg.
- Waist circumference reduced by 17 cm.
- Body fat decreased by 18.4%.

Biomarker analyses also revealed significant improvements in total and LDL cholesterol, fasting blood glucose levels, CRP, leptin, and adiponectin levels – all of which highlight the

comprehensive impacts of IGOB131® on metabolic health.



A tradition deeply rooted in medicine and culture

Long before it gained attention from clinical researchers, *Irvingia gabonensis*—commonly known as African mango or African spice fruit—was widely used in traditional West and Central African medicine and cuisine. The seeds, often called “dika nuts,” have been used for centuries to thicken soups and stews. Beyond its

culinary role, traditional healers used African spice fruit to aid digestion, ease fever and pain, and promote satiety during times of food scarcity. The plant’s reputation for supporting energy and endurance helped lay the groundwork for its emergence as a modern, clinically validated functional ingredient.

Formulation-friendly and globally compliant

IGOB131® is highly versatile and easy to work with across a range of delivery formats, including capsules, powders, and functional beverages. The clinically validated 300 mg daily dose is compact and has minimal impact on flavor or formulation. The ingredient is non-GMO, vegan, Halal, Kosher, and self-affirmed GRAS (Generally Recognized as Safe), making it suitable for diverse product categories and global regulatory markets.

Expanding global reach

To meet increasing international demand, Gateway Health Alliances recently partnered with Vivatis Pharma to distribute IGOB131® across Europe. The move reflects growing global interest in safe, natural ingredients that deliver clinically proven support for weight and metabolic health, especially those that align with consumer expectations for safety, efficacy, and transparency.

Meeting the Moment in Weight Wellness

The weight management category is shifting away from one-size-fits-all solutions toward personalized, multi-pathway strategies. As GLP-1 therapies continue to draw attention, many consumers are seeking complementary ingredients that offer additional, well-tolerated support.

IGOB131® is uniquely positioned to meet this demand. With a clinically validated, hormone-modulating mechanism of action and a strong record of safety, it offers formulators a compelling option for next-generation weight wellness products—working alongside, rather than competing with, GLP-1-focused approaches.

To learn more about IGOB131® or explore partnership opportunities, visit ghainc.com/igob131.



References:

(1) IGOB131®, a Novel Seed Extract of the West African Plant *Irvingia gabonensis*, Significantly Reduces Body Weight and Improves Metabolic Parameters in Overweight Humans in a Randomized, Double-blind, Placebo-controlled Investigation. *Lipids in Health and Disease*, 2009

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Irvingia
IGOB131®

Discover IGOB131® for yourself!

-  **Boosts adiponectin and leptin to help regulate appetite**
-  **Reduces inflammatory markers like CRP**
-  **Supports healthy cholesterol levels**
-  **Encourages stable blood sugar levels**
-  **Affects mood and eating behavior positively**
-  **Clinically tested and safe for use**

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Would you like to learn
more about the unique
benefits of IGOB131®?

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